

WEEK 1

TWOS LESSON



Need to Know: *Put on God's Armor*

Bible Story: *David & Goliath (1 Samuel 17:1-50, Ephesians 6:10-18)*

Circle Up



1. WELCOME kids to church.
 2. SAY: *My name is (YOUR NAME), and I am so glad you are here at church! (SHOW bus) I'm going to roll the bus to you, and you can roll it back to me!*
 3. ROLL the bus to each child and SAY: *Hey, (CHILD'S NAME)!*
 4. After all kids have been introduced, SAY:
 - *God wants you to know that you can be an everyday hero when you put on His special armor!*
 - *Let me hear you say this after me:* (PAUSE to allow kids to repeat)
 - Put on* (move hands from top of body to toes)
 - God's* (point up with both hands)
 - Armor* (fists on hips)
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Read the Bible



1. PRAY for your group:
 - *God, thank You for giving us Your armor that helps us stand strong. Please help us put on Your armor every day. Thank You for our snacks. We love You! In Jesus' name we pray. Amen.*
 2. SANITIZE kids' hands and PASS out snacks.
 3. As kids are eating, SHOW and READ the Bible Story Cards to the group.
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Let's Practice



KEEP kids engaged until they are checked out by doing the following activities:

1. GIVE each child a Memory Verse Coloring Sheet to color and take home.
 2. HAVE kids do any of the following motions as they repeat the memory verse after you: run in place, hop, squat down low, stand on tiptoes, use a whisper voice, use a loud voice, etc.
 - *"Put on all* (move hands from top of body to toes)
 - *of God's* (point up with both hands)
 - *armor."* (hands on hips)
 - *Ephesians 6:11* (make book with hands)
 3. SING "The Wheels on the Bus":
 - *The wheels on the bus go...*
 - *'Round and 'round, 'round and 'round, 'round and 'round.* (ROLL hands around each other)
 - *The wheels on the bus go 'round and 'round,* (ROLL hands around each other)
 - *All through the town.*
 - CONTINUE with:
 - *The wipers on the bus go swish, swish, swish* (PUT arms up in front of you & MOVE like windshield wipers)
 - *The horn on the bus goes beep, beep, beep* (PRETEND to honk horn)
 - *The people on the bus go up and down* (BOUNCE up and down)
 - *The wheels on the bus go 'round and 'round* (ROLL hands around each other)
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Don't Forget



MAKE SURE each child has had a chance to go to the potty or had his/her diaper checked BEFORE the end of the service.



David & Goliath

1 Samuel 17:1-50, Ephesians 6:10-18

(Point to boy in blue)

This is David. One day David was taking food to his brothers when he heard a giant, named Goliath (pronounced: Go-lie-uth), shouting from the enemy army.

(Point to Goliath)

Every day, Goliath would shout for someone to fight him, but the Israelite army would run away scared.



David told the king, “I’ll fight Goliath! God will help me!”

(Point to David in the king’s armor)

So the king put all of his armor on David.

(Point to David with the slingshot)

But David took the armor off because he wasn’t used to it. David knew that God would help him.



David took his slingshot, went to a stream, and picked up five smooth rocks.

Let's all clap and count to five. (Everyone will clap five times, counting aloud)

Great job! Now David was ready to face the giant!



When Goliath saw David, he shouted mean things at him. But David knew God would help him beat the giant.

David put a rock in his slingshot and began to swing it around. Then he slung a rock through the air, and it hit Goliath in the head. Goliath fell to the ground with a big thud and died.



We can be like David and have power to fight against anything that comes our way when we put on God's armor: (Point to each piece in the picture as you say the name aloud) the belt of truth, the armor of godliness, the good news boots, the shield of faith, the helmet of salvation, and the sword of the Spirit.

Every time we put on God's armor and pray, we have the power to be an everyday hero!

Let me hear you say this after me: (Pause to allow kids to repeat)

Put on (move hands from top of body to toes)

God's (point up with both hands)

Armor (fists on hips)

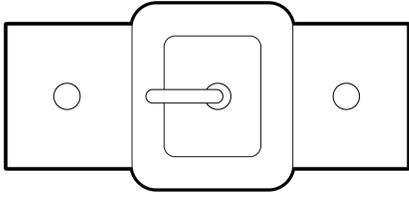
Help your child memorize this verse over the next seven weeks, and they will win a prize!



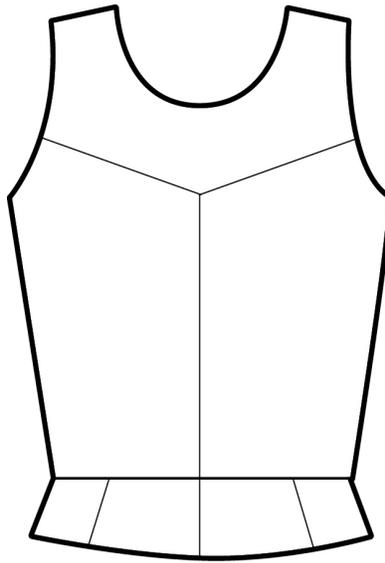
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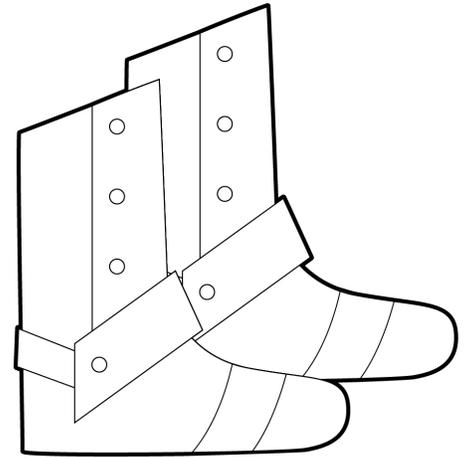
Name _____



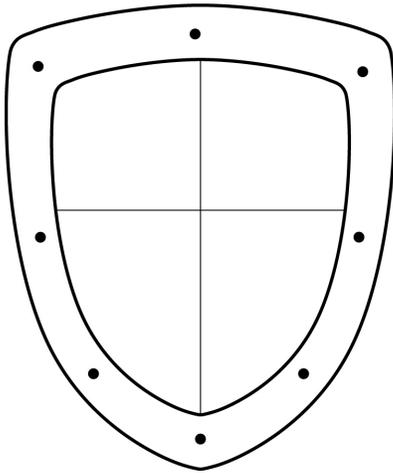
***BELT OF
TRUTH***



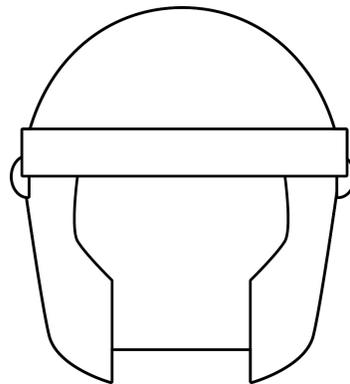
***ARMOR OF
GODLINESS***



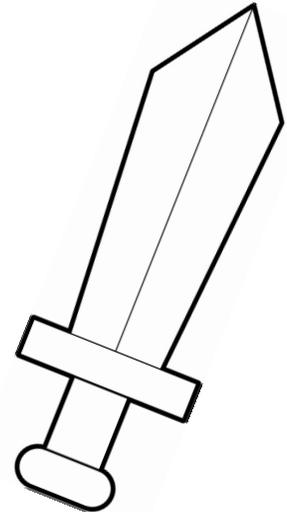
***GOOD NEWS
BOOTS***



***SHIELD OF
FAITH***



***HELMET OF
SALVATION***



***SWORD OF
THE SPIRIT***

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Series Memory Verse: "Put on all of God's armor." Ephesians 6:11a (NIRV)

Name _____