

# WEEK 3

## 2-5 LESSON



Need to Know: *Put on the Armor of Godliness*

Bible Story: *Gideon (Judges 6:1-32)*

Circle Up

1

1. WELCOME kids to our series, “Everyday Armor,” and TELL them your name. Then SAY: *Over the next few weeks, we’re hitting the city streets and finding out what it means to wear the armor of God every day. First, let’s play a game to get to know each other. When the skateboard comes to you, tell us your name. Then we’ll play another round and find out more about each other.*
2. PASS the skateboard to each child and HAVE them share their name. After everyone has been introduced, PASS the skateboard to each child again and HAVE them share their favorite sport.
3. Afterwards, SAY: *In skateboarding and many other sports, athletes wear gear to protect themselves. God has given us a piece of His armor that protects us, too. It’s called the armor of godliness. The armor of godliness protects our hearts when we want to do the wrong thing and it gives us the power to do what’s right. We all need help with that! And that’s what we need to know today! So say this after me (motions optional for 4-5):*

*Put on* (cross arms on chest)

*The Armor of Godliness* (pat heart)

Read the Bible

2

1. SAY: *There’s a story in the Bible that helps us see why we need to put on the armor of godliness every day. I’m going to lay out all of our Bible story pictures in front of you, and then you’re going to close your eyes while I take one away. We’ll see if you can guess which picture I removed!*
2. LAY all Bible Story Cards picture side up in the center of your group. Then TELL kids to close their eyes. REMOVE the Bible Story Card with the number one on it, and HOLD it so kids can’t see the picture. Then HAVE kids open their eyes and guess which picture is missing. Once they’ve guessed, SHOW them the picture and READ it to the group.
3. REPEAT step two with the remaining Bible Story Cards in number order. Afterwards, ASK:
  - *What did God do for Gideon when he was scared?* (Protected his heart and gave him the power to do what was right)
  - *What piece of armor has God given us to protect our hearts?* (The Armor of Godliness) *That’s right! Knowing that God is with us and protecting us gives us the power to do what’s right!*

Let’s Practice

3

Option 1: Honk and Beep

1. SAY: *There are many times each day when we will need the armor of godliness to help us do the right thing. Let’s play a game as we talk about some of them! This game is called “Honk and Beep.”*
2. LAY the Situation Cards in the center of the group. Then EXPLAIN the game:
  - (POINT to your left) *We’re going to start off going this way around the circle, and when it’s your turn, you’ll either say, “Honk,” or “Beep,” like a taxi in the city. If you say, “Honk,” we’ll continue going around our circle. If you say, “Beep,” then we’ll reverse and go the other direction around the circle. But there’s a catch—you can only say, “Beep,” if three people before you have said, “Honk.”*
  - *And here’s what will make it even more fun: You have to say, “Honk,” or “Beep,” without smiling! If you do smile, we’ll stop and you will get to pick a Card for me to read.*
3. PLAY “Honk and Beep” for several rounds. PAUSE the game each time someone smiles during their turn, or after three rounds if no one has smiled. HAVE the last child who said the word choose a Card for you to read aloud. CONTINUE playing as time allows.
4. After the game, SANITIZE kids’ hands and GIVE each child a piece of candy for participating. Then SAY: *When we put on the armor of godliness each day, it will protect our hearts when we want to do the wrong thing and give us the power to do what God says is right, even when it’s hard to do. So let’s all say what we need to know today one more time (motions optional for 4-5):*

*Put on* (cross arms on chest)

*The Armor of Godliness* (pat heart)

Option 2 (for 4-5 ONLY): Group Discussion

1. GENERATE additional group discussion by reading some scenarios from the **Situation Cards** and/or ASK the following questions:
    - *What is something you know is right, but it's hard to do?*
    - *What are some good things to do when you're having a hard time doing what's right?* (Pray, read the Bible, ask someone to help you do what's right)
    - *Who can you talk to when you're scared to do the right thing?*
  2. SANITIZE kids' hands and GIVE each child a piece of **candy** for participating in group discussion. Then REVIEW the Need to Know together: **Put on the Armor of Godliness**
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Memorize It

4

1. SAY: *One piece of God's armor is the sword of the Spirit. The sword of the Spirit is actually the Bible! When we remember what the Bible says, we can use it as a weapon against the enemy's lies and tricks. The devil may try to trick us into thinking that God's armor is not that powerful, but we can memorize this verse to help us know the truth. Say it after me* (motions optional for 4-5):
    - *"Put on* (cross arms on chest)
    - *All of God's armor.* (move hands from head to toes)
    - *Then you can remain strong* (make muscles with arms)
    - *Against the devil's evil plans."* (put fists on hips)
    - *Ephesians 6:11* (make book with hands)
  2. PRACTICE saying the verse with the group two times, having them repeat each line.
  3. PASS the **skateboard** around the group, having them say the next word of the memory verse when it comes to them.
  4. TELL kids that if they memorize this verse by the end of the series, they will win a prize!
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Let's Pray

5

- ASK your group for any prayer requests. Then PRAY the following for your group:
- That they would remember to put on the armor of godliness every day
  - That God would help them do what's right even when it's hard to do
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Stay Together

6

- KEEP kids engaged in Small Group until they are checked out by doing the following activities:
- PLAY "Honk and Beep" again, but TELL kids they cannot show their teeth or smile when they say the word!
  - PLAY "Pictionary."
    - HAVE kids take turns using the **Dry Erase Board**, **Dry Erase Marker**, and **paper towel** to draw a picture for the group to guess. WHISPER something for the child to draw from the following list or make up your own:
      - Car
      - Tall building
      - House
      - Dog
      - Cat
      - Pizza
      - Ice cream
      - Cupcake
      - Donut
      - Mouse
      - Bus
      - Stoplight
      - Flower
      - Fireman



## Gideon

Judges 6:1-32

***The Israelites had disobeyed God, so God allowed their enemies, the Midianites (pronounced: Mih-dih-uh-nites), to come and take over their land. How do you think this made them feel? (Scared, worried)***

***The Israelites were so scared that they hid in caves! While they were hiding, they prayed and cried out to God for help. What do you think God did when He heard their prayers? (Allow responses)***



***God heard their prayers and sent an angel to talk to an Israelite named Gideon. The angel said, “Mighty warrior, the Lord is with you!” What would you have thought or done if you were Gideon and an angel showed up to talk to you? (Allow responses)***

***Gideon told the angel, “You say the Lord is with us. Then why has all of this happened?” But the angel said, “You are strong. Go and save Israel.”***

***In his heart, Gideon didn’t feel strong or important enough to do what God was telling Him to do, but God promised to be with him and help him.***



***Later that night, God gave Gideon these instructions: Tear down the altar that people use to worship the false god named Baal (pronounced: bail), and cut down the pole that people use to worship the false God, Asherah (pronounced: Ash-uh-ruh).***

***God told Gideon to build the right kind of altar where people could worship Him, the one true God. Gideon was scared to go and do these things. Why do you think he was scared? (People might get mad at him or say things about him, he's not sure how it will go, he doesn't feel strong enough to do it)***

***Even though Gideon was scared, he believed that God would protect him and that he could do the right thing.***



***Gideon waited until it was dark. Then he went and did exactly what God told him to do. When everyone woke up the next morning, they could not believe their eyes! The altar to Baal was demolished and the Asherah pole was cut down. In its place was a new altar for worshipping the one true God!***

***God gave Gideon the power he needed to do what was right, even when his heart was scared.***

# QUESTION SHEET

Wk 3 - ES - LG - Prop - Question Sheet

- 1. My first question is about the piece of God's armor that Carter just told us about. Who remembers what it's called? (The armor of godliness)**
- 2. That's right! Carter told us about the armor of godliness. What did he say that piece of armor helped him to do? (It helps us to do the right thing, even when it's tough)**
- 3. Yes! Carter told us about how he was surrounded by people who were saying and doing the wrong things. But he didn't let that keep going, because Carter knows what God says is right! Last question: Where do we learn what God says is right? (The Bible)**

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***You want to go play with your friends, but your mom says you have to fold and put away your laundry first. What would be the right thing to do? (Obey and put away your laundry first)***

***Is it always easy to do the right thing? (No)  
That's why God gave us the armor of godliness!  
It gives us the power to do what's right, even when it's hard.***

Wk 3 - 2-5 - Situation Cards

***Let's say you hear people making fun of this boy and you're scared that if you tell them to stop, they will make fun of you, too.***

***Who can help you do the right thing even when you're scared? (God) Do you think He will protect your heart if those people are mean to you? (Yes)***

Wk 3 - 2-5 - Situation Cards

***Let's say you're sitting around a campfire, having fun telling stories, when one of your friends starts talking about something you know is wrong. What would be the right thing to do? (Tell your friend to stop, change the topic, walk away)***

***Why might it be hard to do some of those things? (You might get made of fun or make your friend mad)***

***It can be hard to do the right thing, but God is with us and gives us the power to do it with the armor of godliness.***

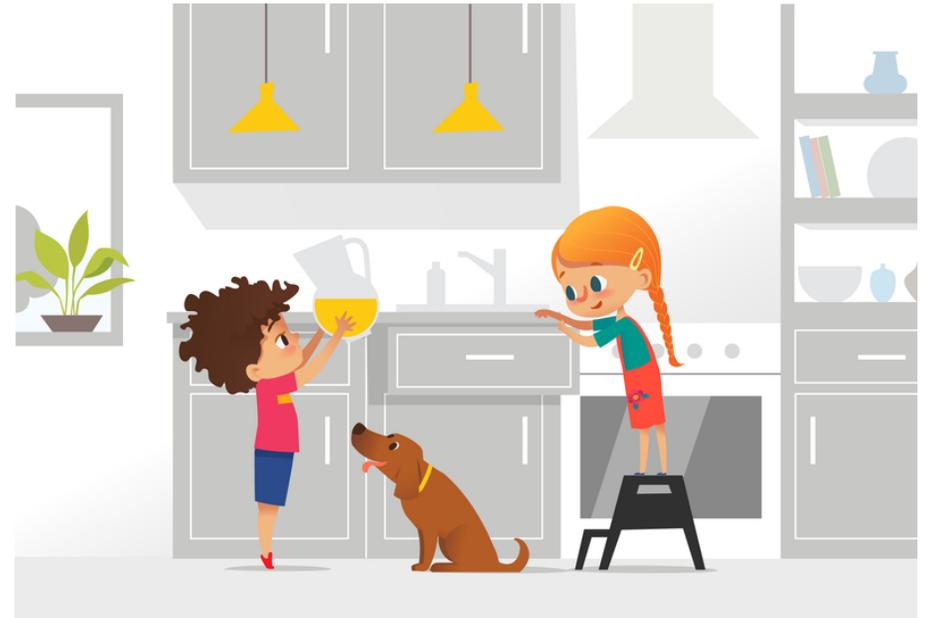
Wk 3 - 2-5 - Situation Cards

***Who loves a good competition? (ALLOW responses) Sometimes when we compete with others, we lose, and it can make us mad. If you're mad that you lost, what would be the wrong thing to do? (Yell at your teammates or the other team, hurt somebody or something)***

***What would be the right thing to do? (Give your teammates a high-five, congratulate the other team)***

***It might be hard, but you have the power to do what's right when you put on the armor of godliness!***

Wk 3 - 2-5 - Situation Cards



***Let's say you and your friends are really thirsty, so you go to get more drink. You really want to give yourself some first, but since you're wearing the armor of godliness, you think about what the right thing is to do.***

***What is the right thing to do? (Give your friends more drink first)***

***It can be hard to do things for others first, but God is with you and will help you!***

Wk 3 - 2-5 - Situation Cards

***Let's say you're trying to put a glass pitcher on the counter, but it slips and breaks. You don't want to get in trouble so you think about walking away or lying about what happened.***

***In that situation, if you're wearing the armor of godliness, what can God give you the power to do? (The right thing, tell the truth, not run away)***

Wk 3 - 2-5 - Situation Cards

***If you feel nervous about going to a birthday party where there are a lot of people you don't know very well, who can protect your heart from feeling that way? (God)***

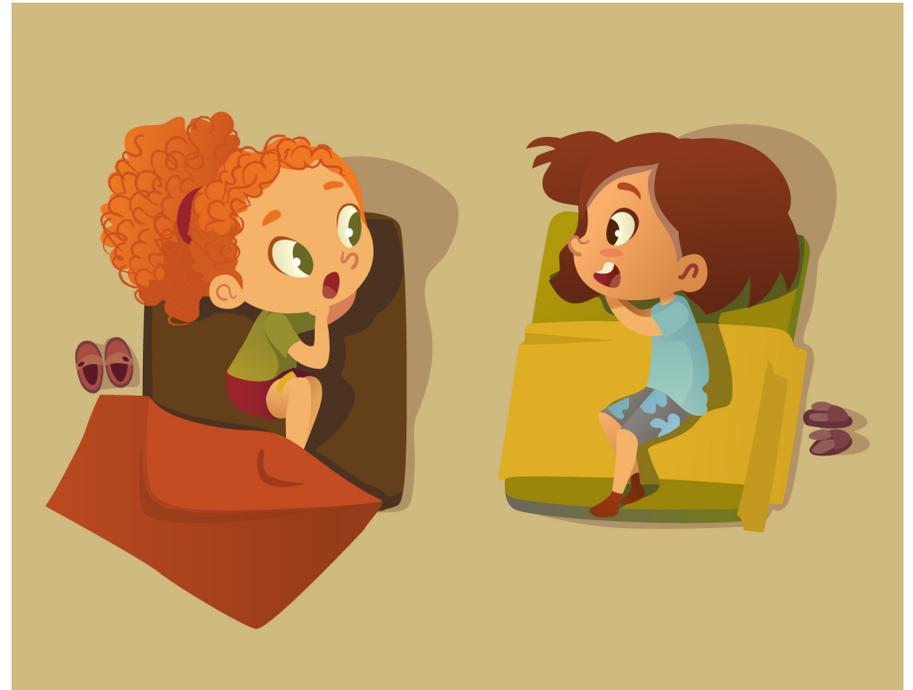
***That's right! You can remember that God is with you, and He has the power to protect your heart so you can have fun!***

Wk 3 - 2-5 - Situation Cards

***Your teacher has said not to do certain things in the science lab because it's dangerous. Then you hear your friend talking about doing it anyways to see what happens. You don't want your friend to get hurt, but you also don't want him to get mad at you.***

***You know that the armor of godliness will help you do what's right, so what do you do? (Tell your friend in a kind way that he should get down so he doesn't get hurt or get in trouble)***

Wk 3 - 2-5 - Situation Cards



***Let's say you are helping the community by picking up litter, and you get tired of doing it. You feel hot, hungry, and tired. What do you want to do when you're hot, hungry, and tired? (Complain, whine)***

***What would the armor of godliness help you do instead? (Finish while having a good attitude)***

Wk 3 - 2-5 - Situation Cards

***These girls are having a sleepover. One of them starts telling the other something she heard about a friend, but they don't know if it's true. The girl who is listening really wants to hear more, but she knows that God says it's not right to gossip about other people.***

***What piece of God's armor can protect her heart from making the wrong choice? (The armor of godliness)***

Wk 3 - 2-5 - Situation Cards

***You are working with a group at school, and your classmates think they have the right answer. But you think it's a different answer.***

***You want to yell at them, because you really think you're right! But since we're wearing the armor of godliness, let's think about the right thing to do. What could you do instead of yell? (Get help from the teacher, take a deep breath and talk to them about it)***

Wk 3 - 2-5 - Situation Cards

***Do you like taking pictures with your friends? (ALLOW responses)***

***If someone starts taking a lot of pictures of you and it makes you uncomfortable, what would be the right thing to do? (Tell them to stop, tell an adult that you trust)***

***If you're scared to do one of those things, what does God give you to protect you and help you do what's right? (His armor, the armor of godliness)***

Wk 3 - 2-5 - Situation Cards