

WEEK 3 K-1 LESSON



Need to Know: *Put on the Armor of Godliness*

Bible Story: *Gideon (Judges 6:1-32)*

Circle Up



1. WELCOME kids to our series, “Everyday Armor,” and TELL them your name. Then SAY: *Over the next few weeks, we’re hitting the city streets and finding out what it means to wear the armor of God every day. First, let’s play a game to get to know each other. When the skateboard comes to you, tell us your name. Then we’ll play another round and find out more about each other.*
2. PASS the skateboard to each child and HAVE them share their name. After everyone has been introduced, PASS the skateboard to each child again and HAVE them share their favorite sport. Afterwards, SAY:
 - *In skateboarding and many other sports, athletes wear gear to protect themselves. God has given us a piece of His armor that protects us, too. It’s called the armor of godliness. Can you pat your chest and say, “Armor of Godliness”?* (Kids pat their chest and say, “Armor of Godliness”)
 - *The armor of godliness protects our hearts when we want to do the wrong thing, and it gives us the power to do what’s right! We all need help with that! And that’s what we need to know today! So say this after me:*
Put on (cross arms on chest)
The Armor of Godliness (pat heart)

Read the Bible



1. SAY: *There’s a story in the Bible that helps us see why we need to put on the armor of godliness every day. I’m going to lay out all of our Bible story pictures in front of you, then you’re going to close your eyes while I take one away. We’ll see if you can guess which picture I removed!*
2. LAY all Bible Story Cards picture side up in the center of your group. Then TELL kids to close their eyes. REMOVE the Bible Story Card with the number one on it, and HOLD it so kids can’t see the picture. Then HAVE kids open their eyes and guess which picture is missing. Once they’ve guessed, SHOW them the picture and READ it to the group.
3. REPEAT step two with the remaining Bible Story Cards in number order. Afterwards, ASK:
 - *Who protected Gideon’s heart and gave him the power to do what was right?* (God did)
 - *What piece of armor has God given us to protect our hearts?* (The Armor of Godliness) *That’s right! Knowing that God is with us and protecting us gives us the power to do what’s right!*

Let’s Practice



PLAY “I Spy” with the Situation Cards instead of “Honk and Beep.” LAY the Cards in front of the child and TAKE TURNS “spying” something in one of them. Once the Card is found, READ it!

1. SAY: *There are many times each day when we will need the armor of godliness to help us do the right thing. Let’s play a game as we talk about some of them! This game is called “Honk and Beep.”*
2. LAY the Situation Cards in the center of the group. SHOW the skateboard and EXPLAIN the game:
 - (POINT to your left) *We’re going to start off passing the skateboard this way around the circle. When the skateboard gets to you, you’ll say, “Honk,” like a taxi in the city. But listen for me to say, “Beep,” and when I do, we’ll start passing the skateboard the other direction around the circle.*
 - *Here’s what will make it even more fun: You have to try your best to say, “Honk,” without smiling! If you do smile, we’ll stop and you will get to pick a Card for me to read.*
3. GIVE the skateboard to one child to start the game. SAY, “Beep,” when the skateboard gets back to you to reverse the game. PAUSE the game each time someone smiles during their turn, or after three rounds if no one has smiled. Then HAVE a child choose a Card for you to read aloud. CONTINUE playing as time allows.
4. After the game, COLLECT the skateboard, SANITIZE kids’ hands, and GIVE each child a piece of candy for participating.
5. Afterwards, SAY: *When we put on the armor of godliness each day, it will protect our hearts when we want to do the wrong thing and give us the power to do what God says is right, even when it’s hard to do. So let’s all say what we need to know today one more time:*
Put on (cross arms on chest)
The Armor of Godliness (pat heart)

Memorize It

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1. SAY: *One piece of God's armor is the sword of the Spirit. The sword of the Spirit is actually the Bible! When we remember what the Bible says, we can use it as a weapon against the enemy's lies and tricks. The devil may try to trick us into thinking that God's armor is not that powerful, but we can memorize this verse to help us know the truth. Say it after me:*
 - "Put on (cross arms on chest)
 - All of God's armor.* (move hands from head to toes)
 - Then you can remain strong* (make muscles with arms)
 - Against the devil's evil plans."* (put fists on hips)
 - Ephesians 6:11* (make book with hands)
 2. PRACTICE saying the verse with the group two times, having them repeat each line with the motions.
 3. PASS the **skateboard** around the group, having them say the next word of the memory verse when it comes to them.
 4. TELL kids that if they memorize this verse by the end of the series, they will win a prize!
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Let's Pray

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ASK your group for any prayer requests. Then PRAY the following for your group:

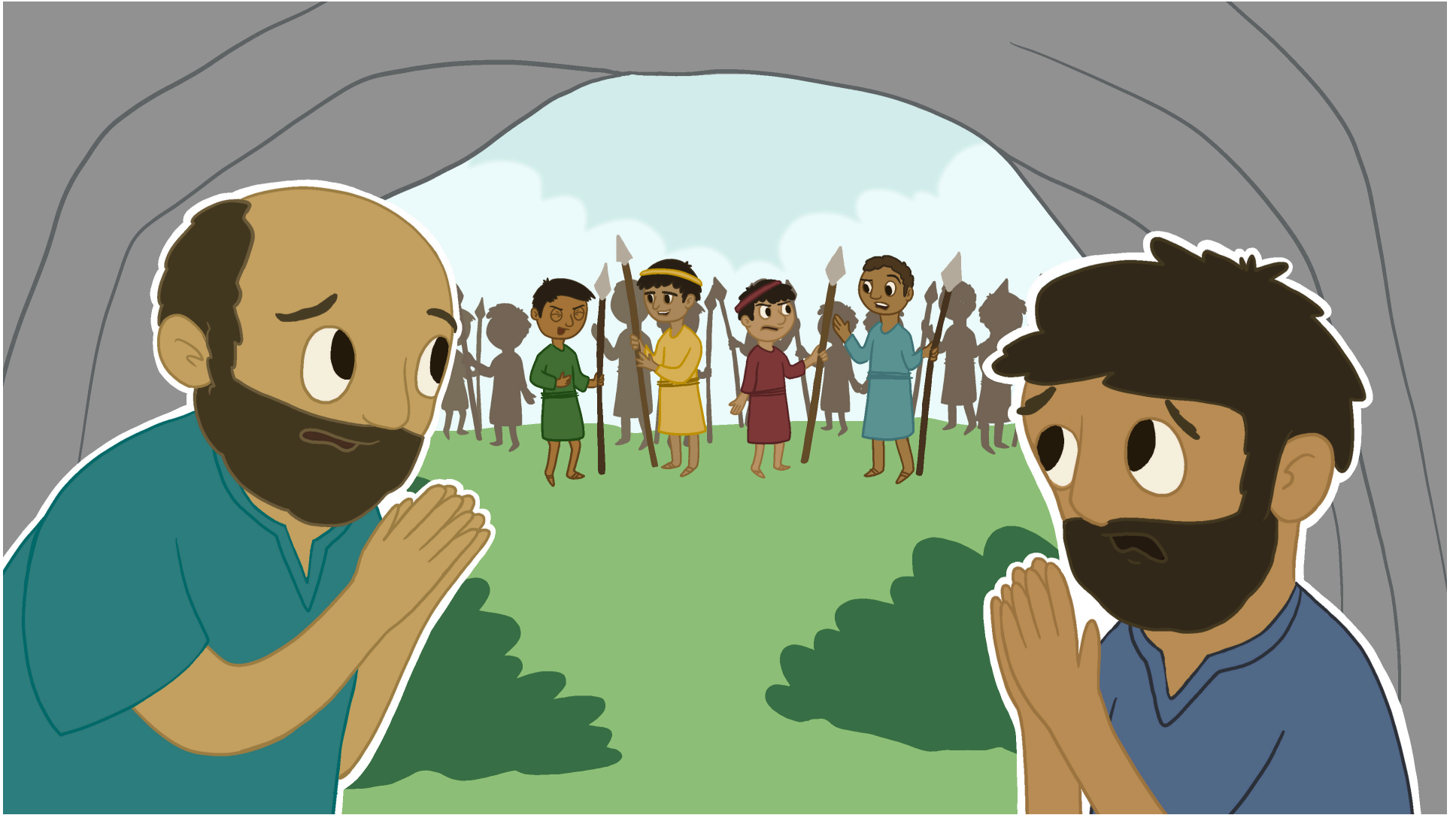
- That they would remember to put on the armor of godliness every day
 - That God would help them do what's right even when it's hard to do
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Stay Together

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KEEP kids engaged in Small Group until they are checked out by doing the following activities:

- GIVE each child a **Coloring Sheet** and PLACE the **coloring utensils** in the center of the group so kids can color.
- PLAY "Honk and Beep" again, but TELL kids they cannot show their teeth when they say the word!
- PLAY "Pictionary" by having kids take turns using the **Dry Erase Board**, **Dry Erase Marker**, and **paper towel** to draw a picture for the group to guess. WHISPER something for the child to draw from the following list or make up your own:
 - Car
 - Tall building
 - House
 - Dog
 - Cat
 - Pizza
 - Ice cream
 - Cupcake
 - Donut
 - Mouse
 - Bus
 - Stoplight
 - Flower
 - Fireman



Gideon

Judges 6:1-32

The Israelites had disobeyed God, so God allowed their enemies, the Midianites (pronounced: Mih-dih-uh-nites), to come and take over their land. The Israelites were so scared that they hid in caves! While they were hiding, they prayed and cried out to God for help.



God heard their prayers and sent an angel to talk to an Israelite named Gideon. Let me hear you say, “Gideon.” (Kids say, “Gideon.”)

The angel said to Gideon, “Mighty warrior, the Lord is with you!”

But Gideon said, “You say the Lord is with us. Then why has all of this happened?” Then the angel told him, “You are strong. Go and save Israel.”

In his heart, Gideon didn’t feel strong or important enough to do what God was telling Him to do, but God promised to be with him and help him.



Later that night, God gave Gideon these instructions: Tear down the altar that people use to worship the false god named Baal (pronounced: bail), and cut down the pole that people use to worship the false God, Asherah (pronounced: Ash-uh-ruh).

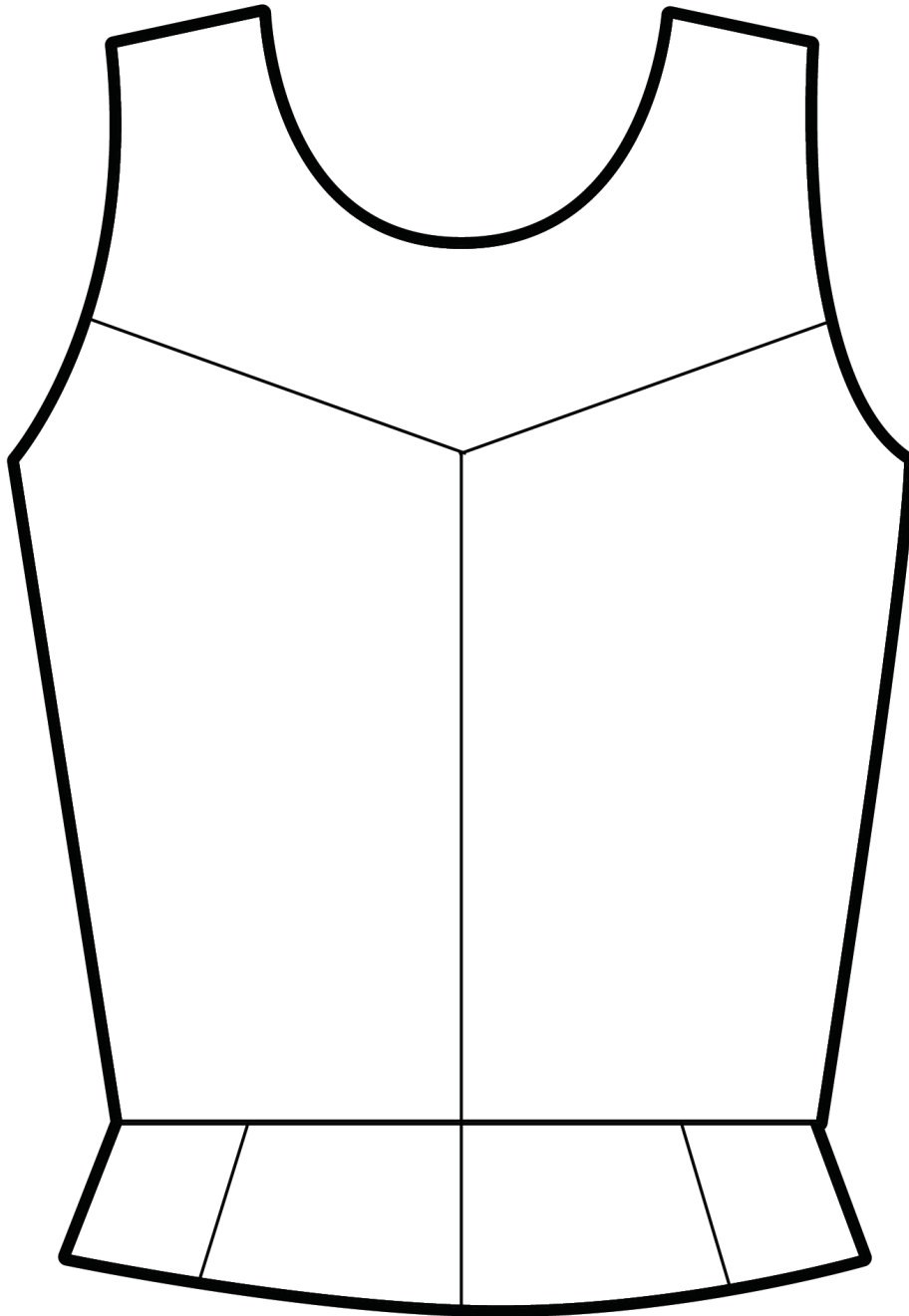
God told Gideon to build the right kind of altar where people could worship Him, the one true God. Even though Gideon was scared, he believed that God would protect him and that he could do the right thing.



Gideon waited until it was dark. Then he went and did exactly what God told him to do. When everyone woke up the next morning, they could not believe their eyes! The altar to Baal was destroyed and the Asherah pole was cut down. In its place was a new altar for worshipping the one true God!

God gave Gideon the power he needed to do what was right, even when his heart was scared.

ARMOR OF GODLINESS



Week 3 • Today's Need to Know: Put on the Armor of Godliness

Today's Bible Story: Gideon (Judges 6:1-32)

Series Memory Verse: "Put on all of God's armor. Then you can remain strong against the devil's evil plans." Ephesians 6:11 (NIRV)

Name _____



You want to go outside and play with your friends, but your mom says you have to fold and put away your laundry first. What would be the right thing to do? (Obey and put away your laundry first)

Is it always easy to do the right thing? (No) That's why God gave us the armor of godliness! It gives us the power to do what's right, even when it's hard.

Wk 3 - K-1 - Situation Cards

(POINT to girl wearing blue shirt) Does this girl look happy or mad? (Mad) She's mad because someone is trying to take the ball away from her friend. God gives us the armor of godliness to help us do the right thing, even when our hearts feel mad.

Is it right for her to yell at the boy trying to take the ball? (No) She can do the right thing by telling him to stop in a kind way.

Wk 3 - K-1 - Situation Cards

Let's say you're sitting around a campfire, having fun telling spooky stories, when one of your friends starts to get scared. You want to keep telling the story, but what's the right thing to do? (Stop, tell a less spooky story)

That's right! Wearing the armor of godliness will help you do what's right, even when you don't want to do it.

Wk 3 - K-1 - Situation Cards

Who loves to play games with your friends or your classmates at school? (ALLOW responses)

Sometimes when we play games, we lose, and it can make us mad. If you're mad that you lost, which one of these is the right thing to do—give your teammates a high-five or get mad at them for losing? (Give your teammates a high-five)

It might be hard to do, but you have the power to do what's right when you put on the armor of godliness!

Wk 3 - K-1 - Situation Cards



Let's say you and your friends are really thirsty, so you go to get more drink. You really want to give yourself some first, but since you're wearing the armor of godliness, you think about what the right thing is to do.

What is the right thing to do? (Give your friends more drink first)

It can be hard to do things for others first, but God is with you and will help you!

Wk 3 - K-1 - Situation Cards

Let's say you're trying to put a glass pitcher on the counter, but it slips and breaks. In your heart, you don't want to get in trouble so you think about running away or lying about what happened.

In that situation, if you're wearing the armor of godliness, what can God give you the power to do? (The right thing, tell the truth, not run away)

Wk 3 - K-1 - Situation Cards

If you feel nervous about going to a birthday party where there are a lot of people you don't know very well, who can protect your heart from feeling that way? (God)

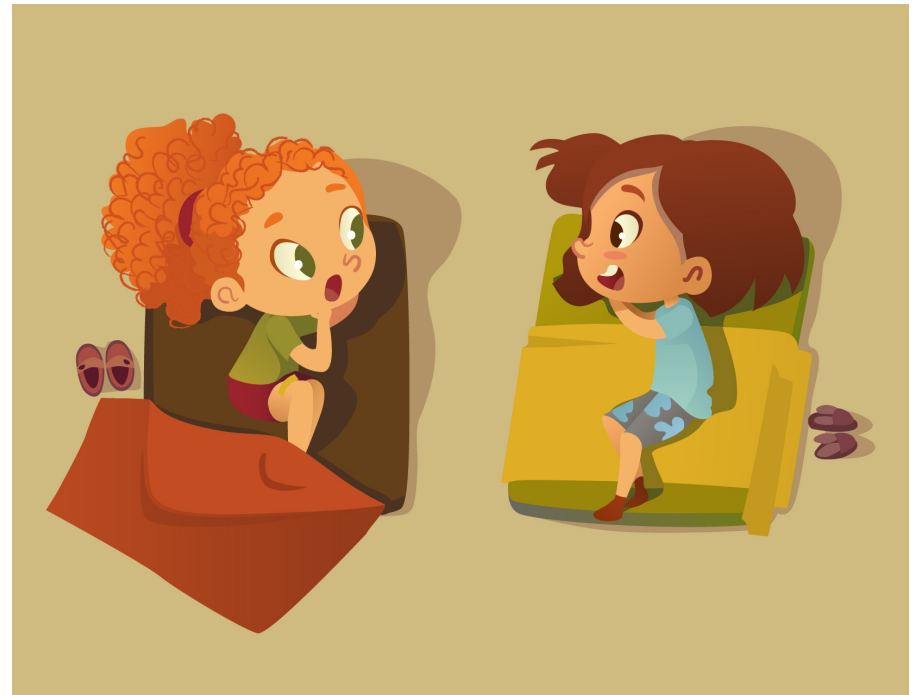
That's right! You can remember that God is with you, and He has the power to protect your heart so you can have fun!

Wk 3 - K-1 - Situation Cards

Your teacher has said not to stand on chairs, because it's dangerous. Then you see your friend standing on a chair. You don't want your friend to get hurt, but you also don't want him to get mad at you.

You know that the armor of godliness will help you do what's right, so what do you do—tell your friend that he should get down or don't say anything? (Tell your friend in a kind way that he should get down so he doesn't get hurt or get in trouble)

Wk 3 - K-1 - Situation Cards



Let's say you are helping the community by picking up litter, and you get tired of doing it. You feel hot, hungry, and tired. Would it be right to complain or to have a happy heart while you finish? (Have a happy heart)

It may be hard to do, but the armor of godliness will give you the power to have a happy heart while you finish!

Wk 3 - K-1 - Situation Cards

These girls are having a sleepover. One of them starts telling the other something she heard about a friend, but they don't know if it's true. The girl who is listening really wants to hear more, but she knows that God says it's not right to talk about other people.

What piece of God's armor can protect her heart from making the wrong choice—the helmet of salvation or the armor of godliness? (The armor of godliness)

Wk 3 - K-1 - Situation Cards

You are working with a group at school, and your friends think they have the right answer. But you think it's a different answer.

You want to yell at them because you really think you're right! But let's put on the armor of godliness (PAT your heart) and think about what's right. What could you do instead of yell? (Get help from the teacher, take a deep breath and talk to them about it)

Wk 3 - K-1 - Situation Cards

Does anyone you know like to take your picture? (ALLOW responses)

Sometimes we can get tired of taking pictures, but if your mom says to stop being silly and smile for the camera, what is the right thing to do? (Obey, smile, stop being silly)

Even when you don't feel like doing it, can God help you do the right thing? (Yes) Yes, that's why He gave you the armor of godliness!

Wk 3 - K-1 - Situation Cards