

WEEK 1

K-1 LESSON



Need to Know: *Put on God's Armor*

Bible Story: *The Enemy & God's Armor (Isaiah 14:12-15, Ephesians 6:10-20)*

Circle Up

1

1. WELCOME kids to our new series, “Everyday Armor,” and TELL them your name. Then SAY: *I'm so glad you're here! Over the next few weeks, we're going to hit the city streets and find out what it means to wear the armor of God every day. First, let's play a game called “Dicebreaker” to get to know each other. When the die comes to you, tell us your name, give it a roll, and then I will ask you a question.*
 2. PASS the die and ALLOW each child to roll it. When they do, ASK them a question from the **Question Sheet** based on what number the die lands on.
 3. After everyone has been introduced, SAY: *Throughout our time in the city, we're going to meet some everyday heroes, just like you, who put on God's armor each day. And that's what we need to know today! Say it after me:*
Put on (cross arms on chest)
God's Armor (make muscles with arms)
-

Read the Bible

2

1. SAY: *You might be wondering what God's armor is and why we need it. God answers that for us in the Bible. While I tell you what He says, you get to make a map of this Bible story.*
 2. GIVE each child a **Bible Story Map** and a **coloring utensil**. TELL them to turn to the side with the map.
 3. READ the **Bible Story Sheet** to the group, allowing them to fill in their Map as you read. Then, ASK:
 - *This Bible story helped us see that there is an invisible, spiritual battle happening. Who is fighting in that battle?* (God and the devil)
 - *Do we need to be afraid of the devil?* (No) *No, because when we decide to follow Jesus, God gives us armor to protect us from the devil's tricks and lies!*
 4. Afterwards, SAY: *God already won the battle over evil when He brought Jesus back to life, and until He removes the devil for good, we can wear God's armor every day. It will give us the power to stand strong against anything that comes our way.*
-

Let's Practice

3

1. SAY: *To practice what we've learned today, we're going to play a game and make a picture of ourselves wearing all of God's armor!*
2. GIVE each child an **Armor Sheet** and a die. PLACE the coloring utensils in the center of the group and HAVE kids choose one coloring utensil to start with—they can change colors throughout the game.
3. DEMONSTRATE and SAY:
 - *Every time you roll your die (ROLL die), look at the side that's facing up (POINT to side facing up) and find the matching die on your Armor Sheet (POINT to matching die on Armor Sheet).*
 - *Then you can trace that piece of armor on your picture (POINT to person on Armor Sheet).*
 - *If you roll a number that matches a piece of armor you've already traced, just roll again until you get a different number. Are you ready? Get set, ROLL!*
4. ASSIST kids in rolling, finding the matching number, and coloring in their picture. While kids wait on others to finish, HAVE them draw/color the face and hair to look like themselves.
5. Once everyone has finished their picture, COLLECT the coloring utensils and SAY: *You did such a great job putting on all the pieces of God's armor in your picture that I want to give you a piece of candy!*
6. SANITIZE hands and GIVE each child a piece of **candy**. Then SAY: *Let's go over each of piece of armor that we put on our picture of ourselves.*
7. REVIEW pieces of armor, having kids point to each one as you say the name of it. SAY: *Even though God's armor is invisible, we can still put it on every day. When you put on God's armor and rely on His power, will you be able to stand strong against any evil that comes your way?* (Yes) *Yes, so let me hear you say this after me:*
Put on (cross arms on chest)
God's Armor (make muscles with arms)

Memorize It

4

1. SAY: *One piece of God's armor is the sword of the Spirit. The sword of the Spirit is actually the Bible! When we remember what the Bible says, we can use it as a weapon against the enemy's lies and tricks. The devil may try to trick us into thinking that God's armor is not that powerful, but we can memorize this verse to help us know the truth. Say it after me:*
 "Put on (cross arms on chest)
 All of God's armor. (move hands from head to toes)
 Then you can remain strong (make muscles with arms)
 Against the devil's evil plans." (put fists on hips)
 Ephesians 6:11 (make book with hands)
2. PRACTICE saying the verse with the group two times, having them repeat each line with the motions.
3. SPIN the **fidget spinner** and SEE if the group can say the verse together before it stops spinning. PLAY several rounds, having kids do different things each round, like hopping or spinning, while they say the verse and do the motions.
4. SHOW kids the memory verse on the back of their **Bible Story Map**. TELL kids to hang it somewhere at home where they will remember to practice it because if they memorize it over the next few weeks, they will win a prize!

Let's Pray

5

ASK your group for any prayer requests. Then PRAY the following for your group:

- That they would remember to put on all of God's armor every day
- That they would rely on God's power and stand strong against any evil that comes their way

Stay Together

6

KEEP kids engaged in Small Group until they are checked out by doing the following activities:

- PLACE the **coloring utensils** in the center of the group and HAVE kids continue coloring their **Armor Sheet** or **Bible Story Map**.
- SPIN the **fidget spinner** and HAVE kids do the following activities until it stops spinning:
 - Pretend to drive a taxi
 - Walk in place, like walking down a sidewalk
 - Make a statue pose and see if they can hold it
 - Hop on one foot
 - Clap
 - Stomp their feet
 - Give high-fives
 - Dance
- PLAY "Hot Potato" using a **die**.

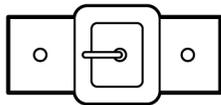
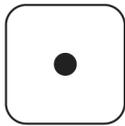
BIBLE STORY SHEET

READ the Bible story below, and ASSIST kids in drawing and coloring as prompted. When the group is finished, COLLECT the coloring utensils.

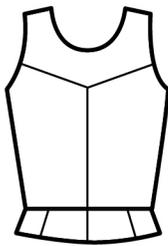
- *In the first box on your map, I want you to draw a heart and color it in. As kids draw, SAY:*
 - *Even though you can't see it, there's a spiritual battle taking place between God and the devil over the hearts of each person on Earth. God is fighting for people to know who He is and how much He loves them. But the devil, His enemy, is evil and tries to trick us into believing lies about God.*
- *In the next box on your map is an angel, but it's missing its wings. So go ahead and draw wings on it and color them in. As kids draw, SAY:*
 - *The Bible tells us that the devil was a beautiful and powerful angel who once served God. But the devil was full of pride and thought he was more powerful than God. He even tried to take over heaven, but God threw the devil and his followers down from heaven. Ever since then, the devil has been making evil plans to trick God's people into listening to him instead of God.*
- *Now follow the road on your map to the box with lots of people. This is God's army. Pick your favorite color and use it to color in the blank person in the box. As kids color, SAY:*
 - *The devil may be sneaky, but we do NOT need to be afraid of Him. When you decide to follow Jesus, God makes you a part of His army just like you're coloring now. God gives everyone in His army powerful armor to fight anything the devil tries to use against us!*
- *Now follow the road on your map to the road sign that says, "Ephesians 6." (POINT to Ephesians 6 road sign on a child's Map) Beside the road sign are the pieces of God's armor that we can read about in a book of the Bible called Ephesians.*
 - *First, color in the belt of truth. (POINT to belt of truth on a child's Map) When we put it on, it makes us able to spot the devil's lies.*
 - *Next is the armor of godliness. (POINT to armor of godliness on a child's Map) Go ahead and color it in. What important body part do you think this piece of armor protects? (Our heart) Yes, it protects our heart and helps us make right choices!*
 - *Now color in the boots. These are the good news boots! (POINT to good news boots on a child's Map) These give you the courage to go and tell people about Jesus.*
 - *Next is the shield of faith. (POINT to shield on a child's Map) This piece of armor helps us trust God and block anything the devil tries to send our way.*
 - *Now color in the helmet of salvation. (POINT to helmet on a child's Map) What body part do you think this piece of armor protects? (Our head) Yes! We wear the helmet of salvation to help us remember that God will always love us.*
 - *Last, but not least, color in the sword of the Spirit. (POINT to sword on a child's Map) The sword of the Spirit is the Bible, and when we carry it, we have the power to stand strong by using God's words which defeat the devil!*
- *Each day, we can put on all of God's armor. Then we'll be ready to stand strong!*

[WRITE YOUR NAME ON THE LINE]

CAN PUT ON GOD'S ARMOR



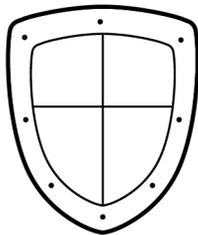
BELT OF TRUTH



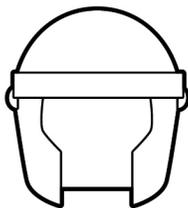
ARMOR OF GODLINESS



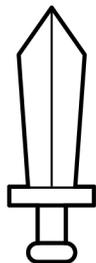
GOOD NEWS BOOTS



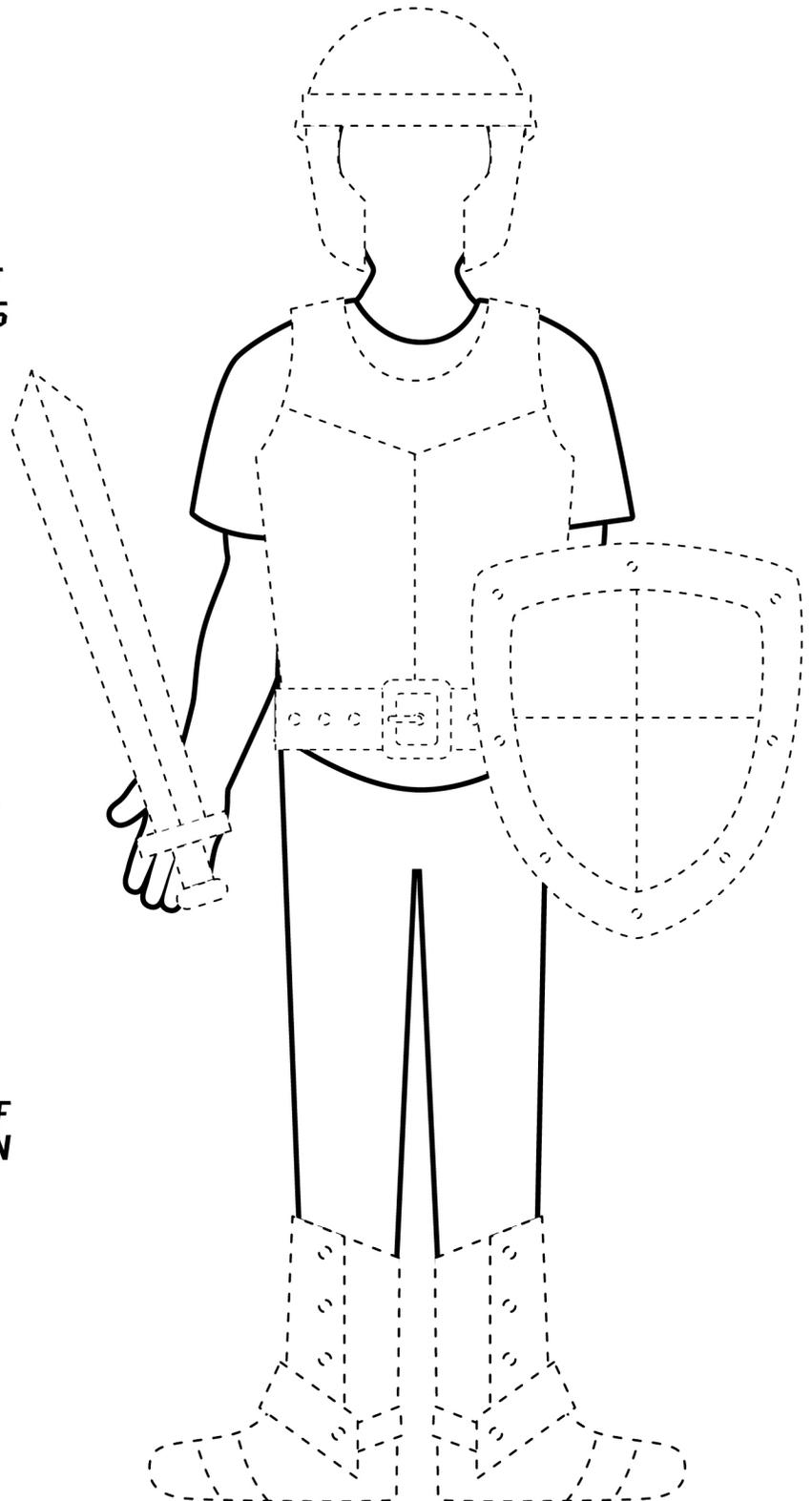
SHIELD OF FAITH

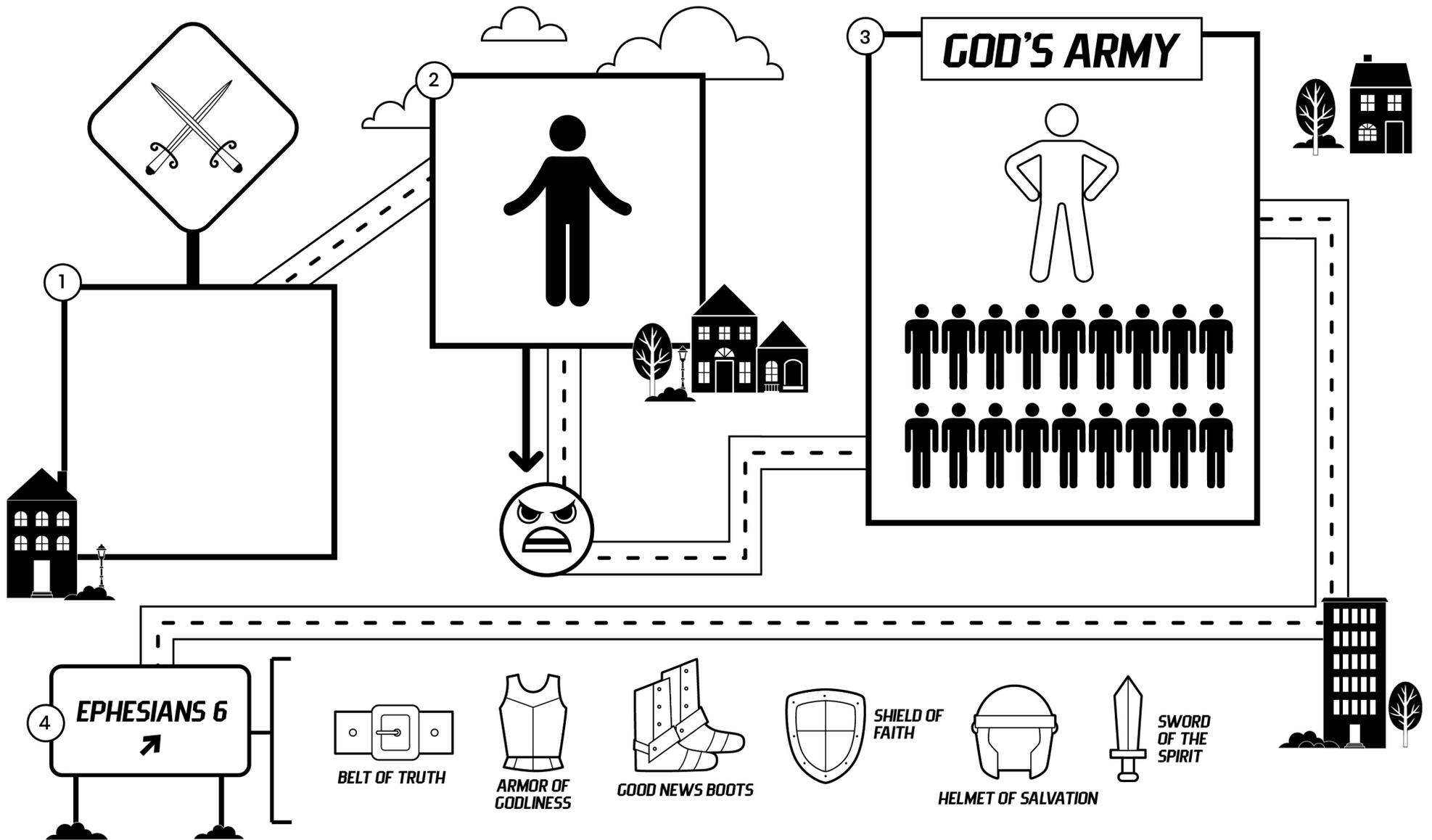


HELMET OF SALVATION



SWORD OF THE SPIRIT





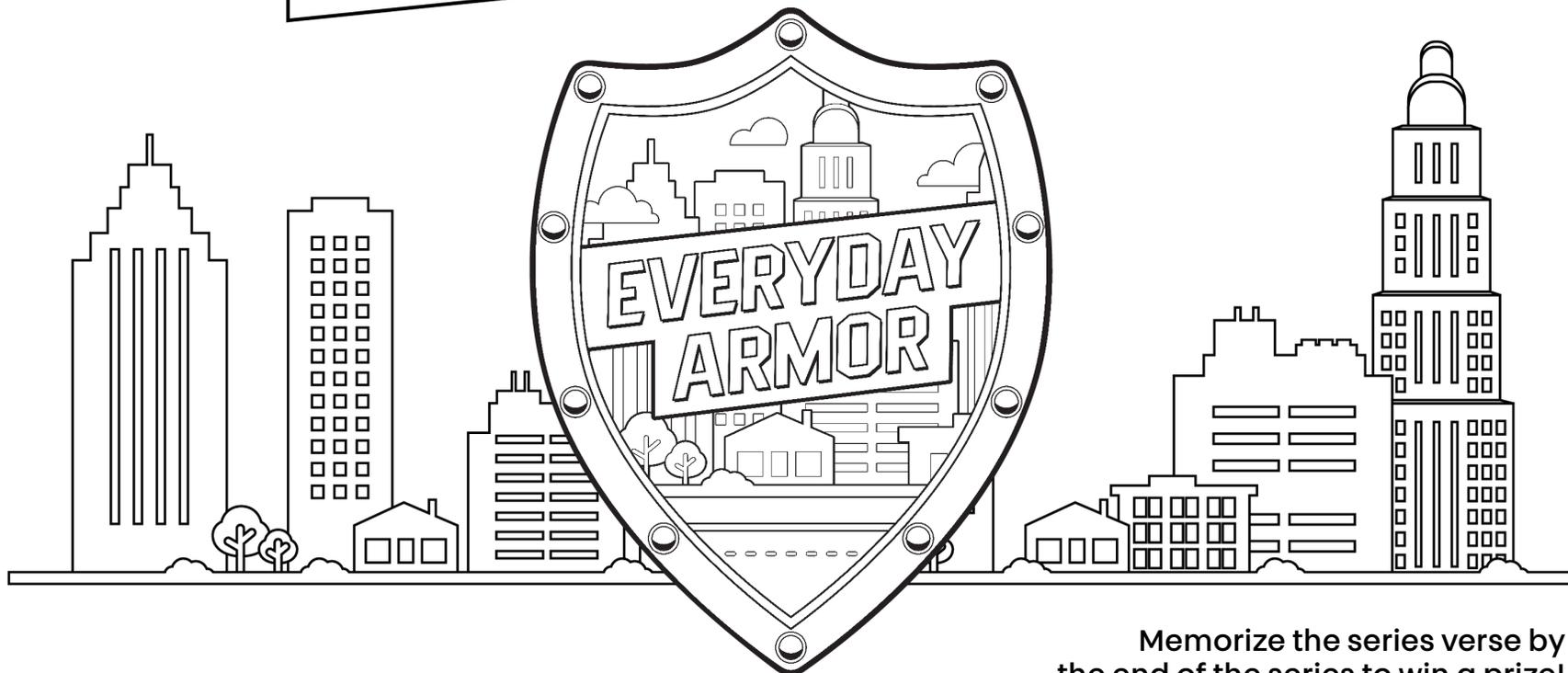
Week 1 • Today's Need to Know: Put on God's Armor

Today's Bible Story: The Enemy & God's Armor (Isaiah 14:12-15, Ephesians 6:10-20)

Name _____

MEMORY VERSE

**“PUT ON ALL OF GOD’S ARMOR.
THEN YOU CAN REMAIN STRONG
AGAINST THE DEVIL’S EVIL PLANS.”
EPHESIANS 6:11**



Memorize the series verse by
the end of the series to win a prize!

QUESTION SHEET

Wk 1 - K-5 - Question Sheet

ASK each child the question that corresponds to the number they rolled.



Would you rather visit the city of San Francisco or New York City?



Would you rather ride in a taxi or on a double-decker bus?



Would you rather eat a hot dog or a pretzel from a food cart in the city?



Would you rather ride the subway or the city bus?



Would you rather visit a candy store or a cupcake shop in the city?



Would you rather visit a park or see a show in the city?

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